Internet Addiction In Students Prevalence And Risk Factors

The controls used on emotional arousal and cognitive processes are difficult in several societies, because of the presence of beliefs in several more issues and forces, which influence the bidirectional to and fro journey of effects between mental health and mental illness. Human beings in general accept only experiential methods of verifications and approval of reality, when they come in contact with their own mental and physical conditions. However, many may still be influenced by suggestions and produce experiences as per suggestions, which may not respond to scientific methods of verifications and
corrections. Mental health and diseases, mainly in the domain of emotional health may therefore be affected by beliefs and psychological effects produced from cognitive processes and cognitive molding of emotions. Interventions in the cognitive and emotional domains do often work and changes may be brought out at the psychological and biological levels.

Caught in the Net

The Handbook of the Psychology of Communication Technology offers an unparalleled source for seminal and cutting-edge research on the psychological aspects of communicating with and via emergent media technologies, with leading scholars providing insights that advance our knowledge on human-technology interactions. • A uniquely focused review of extensive research on technology and digital media from a psychological perspective • Authoritative chapters by leading scholars studying psychological aspects of communication technologies • Covers all forms of media from Smartphones to Robotics, from Social Media to Virtual Reality • Explores the psychology behind our use and abuse of modern communication technologies • New theories and empirical findings about ways in which our lives are transformed by digital media
Society and the Adolescent Self-Image

Introduction: Even Internet addiction is not recognized as a disorder in DSM 5 or ICD 11 there are lot of studies focusing it. International prevalence rates for Internet addiction range globally from 1.5% to 8.2%. Objectives: to establish prevalence of internet addiction among students of Tuzla university. Methods: Internet survey. Total number of 762 University students fulfilled three parts consisted survey: general data questionnaire, Young's Internet Addiction Test, Zung Self-Rating Depression Scale Results: Survey analysis has shown that 18.8% of female and 20.7% of male students are internet addicts. The highest percentage (25%) is reported among Faculty of economy students. Conclusion: High percentage of students at Tuzla University has problems with internet addiction.

Psychological and Social Implications Surrounding Internet and Gaming Addiction

A skeptic by nature, a writer and teacher more at home with ballpoint pens than computer programs, Dinty W. Moore wanted to find out for himself if the much-touted Internet and the electronic culture it has
spawned is really going to be the Next Big Thing, or whether it's the emperor's new clothes. This is not a how-to guide, a giddy net-head's online magical mystery tour, or a binaries-in-the-sky futurist treatise. Instead, this book tells it like it is about the Internet. Anyone who's asked, Who's there? What am I missing? and What is it all about? will find Moore's good-natured skepticism a welcome break from the explosion of wide-eyed techno-hype raging all around us. "Moore is far and away the best pure writer of the 'Wired School.' He's like the Stage Manager poking his head in around the set of 'Our Town.' Funny that it took the arrival of this commonsensical outsider to finally put a real human face on the digital world."--San Jose Mercury-News.

Internet and Mobile Phone Addiction

Sponsored by the Adolescent Mental Health Initiative of the Annenberg Public Policy Center (APPC) of the University of Pennsylvania and the Annenberg Foundation Trust at Sunnylands Trust, Treating and Preventing Adolescent Mental Health Disorders, Second Edition, provides a major update since the first edition in 2005. It addresses the current state of knowledge about the major mental health disorders that emerge during adolescence, including updated DSM-5
diagnostic criteria. Here, six commissions established by the APPC and the Sunnylands Trust pool their expertise on adolescent anxiety, schizophrenia, substance use disorders, depression and bipolar disorders, eating disorders, and suicidal behavior in sections that thoroughly define each disorder, outline and assess available treatments, discuss prevention strategies, and suggest a research agenda based on what we know and don't yet know about these various conditions. Two additional behavioral disorders—gambling and internet addiction—are covered in this second edition. As a meaningful counterpoint to its primary focus on mental illness, the volume also incorporates the latest research from a seventh commission—on positive youth development—which addresses how we can fully prepare young people to be happy and successful throughout their lives. Concluding chapters discuss overarching issues regarding the behavioral and mental health of adolescents: overcoming the stigma of mental illness, the research, policy, and practice context for the delivery of evidence-based treatments, and the development of a more robust agenda to advance adolescent health. Integrating the work of eminent scholars in both psychology and psychiatry, this work will be an essential volume for academics and practicing clinicians and will serve as a wake-up call to mental health professionals and policy makers alike about the state of our nation's response to the needs of
adolescents with mental disorders.

**Applied Cyberpsychology**

This volume presents a collection of peer-reviewed, scientific articles from the 14th International Conference on Information Technology - New Generations, held at Tuscany Suites Hotel in Las Vegas. The proceedings addresses critical areas of information technology including web technology, communications, computing architectures, software engineering, security, and data mining.

**Internet Addiction in Psychotherapy**

This leading text and clinical guide offers best-practice recommendations for assessing a comprehensive array of child and adolescent mental health problems and health risks. Prominent authorities present evidence-based approaches that can be used in planning, implementing, and evaluating real-world clinical services. Coverage encompasses behavior disorders, mood disorders, anxiety disorders, developmental disorders, maltreatment, and adolescent problems. The volume emphasizes the need to evaluate clients'
strengths as well as their deficits, and to take into account the developmental, biological, familial, and cultural contexts of problem behavior.

The Handbook of the Psychology of Communication Technology

As internet use is extending to younger children, there is an increasing need for research focus on the risks young users are experiencing, as well as the opportunities, and how they should cope. With expert contributions from diverse disciplines and a uniquely cross-national breadth, this timely book examines the prospect of enhanced opportunities for learning, creativity and communication set against the fear of cyberbullying, pornography and invaded privacy by both strangers and peers. Based on an impressive in-depth survey of 25,000 children carried out by the EU Kids Online network, it offers wholly new findings that extend previous research and counter both the optimistic and the pessimistic hype. It argues that, in the main, children are gaining the digital skills, coping strategies and social support they need to navigate this fast-changing terrain. But it also identifies the struggles they encounter, pinpointing those for whom harm can follow from risky online encounters. Each chapter presents new findings and analyses to inform both researchers and students in
the social sciences and policy makers in government, industry or child welfare who are working to enhance children's digital experiences.

Internet Addiction Test (IAT)

While the Internet is a relatively new technology, that has impacted the world, and provided many benefits, it has also had negative ramifications. Individuals unable to control their use are jeopardizing school, employment and relationships. The concept of “Internet Addiction” is used to explain uncontrollable, damaging use of technology. It is characterized as an impulse control disorder, comparable to pathological gambling, because of overlapping diagnostic criteria and symptomatology. Based on these studies, the IAT was constructed to capture the problematic behavior associated with compulsive use of technology, including online porn, internet gambling and compulsive use of online games and social media. The Internet Addiction Test emerged as the first validated measure of Internet and technology addiction. The assessments can be administered in a variety of mental health settings, including private practice clinics, schools, hospitals and residential programs. They can be used when there is suspicion of Internet
addiction, as part of a broad intake assessment, or for use in a wellness curriculum to help participants evaluate their own Internet behavior. The IAT can also be a valuable pre-employment screening device, to detect internet addiction among job candidates, to improve productivity and reduce corporate liability. Based on 20 self-report items, the IAT assesses for the presence of addiction to the Internet, electronic entertainment, social media, and general use of electronic devices, and also measures the severity of addiction, in terms of mild, moderate or severe. Furthermore, because Internet addiction may be driven by different reasons and manifest in different ways, requiring different types of treatment, the IAT produces scores related to the following areas:

Escape Compulsion Neglecting duties Anticipation Lack of Control Social Avoidance

**Child and Adolescent Mental Health**

Over 5,000 high-school students of different social, religious, and national backgrounds were studied to show the effects of family experience, neighborhoods, minority groups, etc. on their self-image and response to society. Originally published in 1965. The Princeton Legacy Library uses the latest print-on-demand technology to again
make available previously out-of-print books from the distinguished backlist of Princeton University Press. These editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions. The goal of the Princeton Legacy Library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by Princeton University Press since its founding in 1905.

The Routledge Handbook of Media Use and Well-Being

This text explores the major ways in which miscommunication can be experienced in our daily life.

Substance and Non-substance Addiction

Internet Addiction has emerged as a new clinical disorder - often requiring treatment. In some global regions, internet addiction is reaching epidemic proportions and has become a serious public health concern. In this timely book, Author Stevie White gives a first-hand account of the ever-evolving 'Internet Phenomenon' and how millions of people are falling into the over-usage or addiction category. The
first part of the book explores the research and prevalence of Internet Addiction (IAD) before explaining the underlying signs & symptoms and the various types of online addiction. Finally, the implications of over-usage are discussed in terms of personal health risks. The second part of the book provides a framework for recovery and examines the self-help strategies and therapy programs that can help a person with problematic internet over-usage to gain back some control. Concluding chapters explore the need for self-analysis and counseling, to following ergonomic principles for safer technology usage and the benefits of pursuing meditation for calming the mind. The book includes various recreation and exercise suggestions and time management strategies that can assist an individual break away from online activities. The final chapter discusses spirituality as a mechanism for those who are in a state of despair or helplessness.

Internet Addiction

In the present volume, we collected state-of-the-art chapters on diagnosis, treatment, and social implications. The first section describes diagnostic processes. It describes a reevaluation of projective techniques, a new clinical tool in psychotraumatology, the foundations of the framing technique, and an overview on integrative
approaches. The second section focuses on new developments in the field with special emphasis on culture-specific contexts. From parenting of adolescents in India to the influence of poverty on mental health issues in Mexico, as well as the use of marijuana and Internet addiction, some of the most important fields are highlighted. The third section concentrates on therapy. It shows how to react to bullying and reviews the use of antidepressants in children and adolescents.

Say Not to Say

This book describe the Psychology of Social Networking. In order to ‘be online’, an individual has to create an online presence. This online self is presented in different ways, with diverse goals and aims in order to engage in different social media activities and to achieve desired outcomes. The authors propose a wide overview of the psychology of social networking and the several implications of new media in our lives.

Mental Health: A Journey from illness to wellness
"Behavioral Addictions is a timely landmark achievement and a must read for anyone interested in addictive and compulsive behavior and its treatment. Rosenberg and Feder have brought us leading addiction experts, who clearly present the growing evidence for including behavioral addictions in the DSM-5 and how best to treat them. While gambling is the first to be included in the DSM-5 chapter on substance related disorders, other behavioral addictions are likely to follow as evidence grows. This is the most important new textbook in addiction psychiatry in recent years." - Richard Frances MD, Founding President, American Academy of Addiction Psychiatry

DSM-V broke new ground in May of 2013, designating a new disorder called "behavioral addiction." Clinicians immediately wanted to know: how is a behavioral addiction different from an impulse control disorder? What are the criteria for determining that some behaviors are addictions rather than impulses? What, if anything, does this mean in terms of effective treatment? Behavioral Addictions is the first and most authoritative text ever written on the subject of behavioral addictions. This comprehensive work explains the criteria used to determine addiction, the evidence for identifying assorted behaviors as addictions, and the evidence-based treatment for each. With contributions from preeminent experts covering an exhaustive list of behavioral addictions, this book is unique in its coverage of
behavioral addictions, their criteria, and treatment. It is a valuable and timely resource for any clinician treating addictions. A guide to understanding the new DSM-V designation of behavioral addiction Defines the criteria for behavior to be considered an addiction designation Discusses the evidence for behaviors meeting addiction criteria Identifies what is now, likely will be, and is not a behavioral addiction per evidence Discusses behaviors formerly considered impulse control disorders Presents evidence-based treatment for each behavioral addiction

The Challenges of the Digital Transformation in Education

This book offers the latest research and new perspectives on Interactive Collaborative Learning and Engineering Pedagogy. We are currently witnessing a significant transformation in education, and in order to face today’s real-world challenges, higher education has to find innovative ways to quickly respond to these new needs. Addressing these aspects was the chief aim of the 21st International Conference on Interactive Collaborative Learning (ICL2018), which was held on Kos Island, Greece from September 25 to 28, 2018. Since being founded in 1998, the conference has been devoted to new approaches in learning, with a special focus on collaborative learning. Today the
ICL conferences offer a forum for exchanging information on relevant trends and research results, as well as sharing practical experiences in learning and engineering pedagogy. This book includes papers in the fields of: * Collaborative Learning * Computer Aided Language Learning (CALL) * Educational Virtual Environments * Engineering Pedagogy Education * Game based Learning * K-12 and Pre-College Programs * Mobile Learning Environments: Applications It will benefit a broad readership, including policymakers, educators, researchers in pedagogy and learning theory, school teachers, the learning industry, further education lecturers, etc.

**Children, Risk and Safety on the Internet**

Cyberpsychology is an emerging area of psychological study that aims to understand and explain all facets of online behaviour. This book brings together overviews from a number of leading authorities in the field, to suggest how academic theory and research can be applied to a variety of online behaviours. Both positive and negative behaviours are considered, including topics as diverse as parenting the online child, age-related internet usage and cultural considerations in online interactions. Psychological research can no longer view online and offline worlds as different entities, but must consider online
behaviours as equally distinct as offline activities. This is especially apparent when looking at online dating, the role that social networks play in organisations and online consumer behaviours, and in a consideration of the role that psychological research plays in underpinning the multi-billion pound gaming industry. Focusing on these personal applications of the Internet, insight is also offered into the role that theory and research plays in training military personnel as well as the use of psychometric testing to select and retain employees.

The Psychology of Social Networking Vol.2

Current knowledge about effective internet addiction treatment is limited. This book explores how 20 international internet addiction therapy experts experience the presenting problem of internet addiction in psychotherapy.

Neuroscience in the 21st Century

Assessment of Childhood Disorders, Fourth Edition
"I don't even help [my children] with their homework in the evening because I'm in the chat rooms, and I don't help put them to bed because I don't realize how late it is. I also don't help them get ready for school in the morning like I used to do because I'm checking my e-mail. And I just can't stop myself."-Raymond, an Internet addict. Internet addiction is real. Like alcoholism, drug addiction, or compulsive gambling, it has devastating effects on the lives of addicts and their families: divorce, job loss, falling productivity at work, failure in school, and, in extreme cases, criminal behavior. The problem has already reached epidemic proportions in the United States, and the number of "netaholics" continues to grow rapidly as more households and businesses go online. Yet, until now, no one from the mental health community has come forward with a specific description of Internet addiction and its effects or a strategy for treatment and recovery. In Caught in the Net, Kimberly Young shares the results of her three-year study of Internet abuse. Often using the words of the Internet addicts themselves, she presents the stories of dozens of lives that were shattered by an overwhelming compulsion to surf the Net, play MUD games, or chat with distant and invisible neighbors in the timeless limbo of cyberspace. Why is the Internet so seductive? What are the warning signs of Internet addiction? Is recovery possible? Dr. Young
answers these questions and many more. She provides a questionnaire
to help Net users determine whether they are addicts, and offers
concrete steps to help problem users regulate Internet usage and
devise a more balanced place for it in their daily lives. For
Internet addicts as well as their parents, spouses, friends, and
employers, Caught in the Net offers guidance on where and how to seek
help from counselors, therapists, and other professionals who take
this affliction seriously. For mental health professionals, this book
provides insights into the nature and causes of Internet addiction
and encourages counselors and therapists to expand their addiction
recovery programs to address the specific problems of Internet
addicts. "Think that computer addiction is a joke? Think again. This
groundbreaking book is the first to explore on-line addiction in a
serious way and to consider the effects on individuals and their
families. Caught in the Net is an important book for anyone who
spends mornings and evenings connected to the Net."-Clifford Stoll,
author of The Cuckoo's Egg and Silicon Snake Oil. "An excellent
account of the dangers of the burgeoning Internet industry. Dr. Young
carefully outlines the traps into which people can fall and offers
pragmatic self-help suggestions. Caught in the Net is valuable for
both consumers and the professionals who deal with them."-Maressa
Hecht Orzack, PhD, Founder and Coordinator, Computer Addiction
"I don't mean to spend all my time this way, but I can't stop. It's the only place my opinion matters and I feel important." - bobage38.automechanic.internet.addict

"I feel guilty about it, but when I tried to break free, I simply didn't have the strength. I'm a long-time smoker, but I've found the craving to go on the Internet first thing every morning is stronger than my urge to light a cigarette." - marylouage40.motheroffour.internet.addict

"When you're talking about the Internet, you're talking about power. It's the most powerful information tool I have ever known. When I explore the on-line world, I feel like that robot in the movie Short Circuit. I need more input! More input!" - daveage28.militarytelecommunicationsexpert.internet.addict

"I feel the rush every time my mind gets connected to this intensely powerful information whirlpool. When I enter cyberspace, I become one with my mind. It's like Mr. Spock doing the Vulcan mind meld." - joshage29.computerprogrammer.internet.addict

itt.edu and view her website at: www.netaddiction.com.

Culture and Subjective Well-being

This book examines how you can identify, assess, and treat Internet
addiction in the most effective manner. Internet use has become an integral part of our daily lives, but at what point does Internet use become problematic? What are the different kinds of Internet addiction? And how can professionals best help clients? Internet addiction refers to a range of behavioral problems, including social media addiction and Internet gaming disorder. This compact, evidence-based guide written by leading experts from the field helps disentangle the debates and controversies around Internet addiction and outlines the current assessment and treatment methods. The book presents a 12–15 session treatment plan for Internet and gaming addiction using the method and setting with the best evidence: group CBT. Printable tools in the appendix help clinicians implement therapy. This accessible book is essential reading for clinical psychologists, psychiatrists, psychotherapists, counsellors, social workers, teachers, as well as students.

Cyberpsychology

The Routledge Handbook of Media Use and Well-Being serves as the first international review of the current state of this fast-developing area of research. The volume provides a multifaceted perspective on the beneficial as well as the detrimental effects of
media exposure on psychological health and well-being. As a "first-mover," it will define the field of media use and well-being and provide an essential resource for research and teaching in this area. The volume is structured along four central considerations: Processes presents concepts that provide a theoretical bridge between media use and well-being, such as psychological need satisfaction, recovery from stress and strain, self-presentation and self-enhancement, or parasocial interactions with media characters, providing a comprehensive understanding of the underlying processes that drive psychological health and well-being through media. Moderators examines both risk factors that promote negative effects on well-being and protective factors that foster positive media effects. Contexts bridges the gap between theory and "real life" by illustrating how media use can influence well-being and satisfaction in very different life domains, covering the full spectrum of everyday life by addressing the public, private, and work spheres. Audiences takes a look at the influence of life phases and life situations on the interplay of media use and well-being, questioning whether various user groups differ with regard to the effects of media exposure. Bringing together the expertise of outstanding international scholars from multiple disciplines, including communication, media psychology, social psychology, clinical
psychology, and media education, this handbook sheds new light on the role of media in influencing and affecting emotions.

The Emperor's Virtual Clothes

Edited and authored by a wealth of international experts in neuroscience and related disciplines, this key new resource aims to offer medical students and graduate researchers around the world a comprehensive introduction and overview of modern neuroscience. Neuroscience research is certain to prove a vital element in combating mental illness in its various incarnations, a strategic battleground in the future of medicine, as the prevalence of mental disorders is becoming better understood each year. Hundreds of millions of people worldwide are affected by mental, behavioral, neurological and substance use disorders. The World Health Organization estimated in 2002 that 154 million people globally suffer from depression and 25 million people from schizophrenia; 91 million people are affected by alcohol use disorders and 15 million by drug use disorders. A more recent WHO report shows that 50 million people suffer from epilepsy and 24 million from Alzheimer’s and other dementias. Because neuroscience takes the etiology of disease—the complex interplay between biological, psychological, and
sociocultural factors—as its object of inquiry, it is increasingly valuable in understanding an array of medical conditions. A recent report by the United States’ Surgeon General cites several such diseases: schizophrenia, bipolar disorder, early-onset depression, autism, attention deficit/ hyperactivity disorder, anorexia nervosa, and panic disorder, among many others. Not only is this volume a boon to those wishing to understand the future of neuroscience, it also aims to encourage the initiation of neuroscience programs in developing countries, featuring as it does an appendix full of advice on how to develop such programs. With broad coverage of both basic science and clinical issues, comprising around 150 chapters from a diversity of international authors and including complementary video components, Neuroscience in the 21st Century in its second edition serves as a comprehensive resource to students and researchers alike.

Cognitive Behavioral Therapy and Clinical Applications

With the internet, smartphones, and video games easily available to increasing portions of society, researchers are becoming concerned with the potential side effects and consequences of their prevalence in people’s daily lives. Many individuals are losing control of their internet use, using it and other devices excessively to the point
that they negatively affect their wellbeing as these individuals withdraw from social life and use their devices to escape from the pressure of the real world. As such, it is imperative to seek new methods and strategies for identifying and treating individuals with digital addictions. Multifaceted Approach to Digital Addiction and Its Treatment is an essential research publication that explores the definition and different types of digital addiction, including internet addiction, smartphone addiction, and online gaming addition, and examines overall treatment approaches while covering sample cases by practitioners working with digital addiction. This book highlights topics such as neuroscience, pharmacology, and psychodynamics. It is ideal for psychologists, therapists, psychiatrists, counselors, health professionals, students, educators, researchers, and practitioners.

Treating and Preventing Adolescent Mental Health Disorders

Internet use-related addiction problems (e.g., Internet addiction, problem mobile phone use, problem gaming, and social networking) have been defined according to the same core element: the addictive symptomatology presented by individuals who excessively and problematically behave using the technology. Online activity is the
most important factor in their lives, causing them the loss of control by stress and difficulties in managing at least one aspect of their daily life, affecting users' wellbeing and health. In 2018, Gaming Disorder was included as a mental disease in the 11th Revision of the International Classification of Diseases by the World Health Organization. In 2013, the American Psychiatric Association requested additional research on Internet Gaming Disorder. The papers contained in this e-Book provide unique and original perspectives on the concept, development, and early detection of the prevention of these health problems. They are diverse in the nature of the problems they deal with, methodologies, populations, cultures, and contain insights and a clear indication of the impact of individual, social, and environmental factors on Internet use-related addiction problems. The e-Book illustrates recent progress in the evolution of research, with great emphasis on gaming and smartphone problems, signaling areas in which research would be useful, even cross-culturally.

INTERNET ADDICTION AMONG TUZLA UNIVERSITY STUDENTS

Internet Addiction: A Handbook and Guide to Evaluation and Treatment

"This book provides cutting-edge coverage by expanding the field to include specific problems such as online gaming, cybersex addiction,
and gambling addiction. Its extensive attention to dealing with adolescents is essential, given the rapid rise in media and technology use by both Net Generation young adults and iGeneration teenagers. I am thrilled to have this invaluable, comprehensive, well-written resource for my own work and recommend it to people who need to understand this unique form of addiction." —Dr. Larry Rosen, Past Chair and Professor of Psychology at California State University, Dominguez Hills, author of Rewired: Understanding the iGeneration and the Way They Learn and Me, MySpace, and I: Parenting the Net Generation "Our clients come to us when online pornography, video gaming, social networking, gambling, and surfing create untenable disruptions in their lives. If we do not understand what we are seeing and how to address it, we will not be able to provide the help they need. This book provides the practical information clinicians can use to assess and treat this growing problem." —Hilarie Cash, PhD, coauthor of Video Games and Your Kids: How Parents Stay in Control, and cofounder of reSTART: Internet Addiction Recovery Program "Internet Addiction: A Handbook and Guide to Evaluation and Treatment provides an integrated and current overview of the different types of Internet addiction-gaming addiction, gambling addiction, and cybersex addiction. The authors deserve ample praise in providing such a comprehensive and informative guide for Internet
addiction." —Ran Tao, MD, Professor and Director, and Xiuqin Huang, MD, Associate Professor, Treatment Center for Internet Addiction, General Hospital of Beijing Military Region, China The first empirically informed reference for defining, assessing, diagnosing, and treating problematic Internet use Comprehensive and timely, Internet Addiction explores: Validated assessment tools to differentiate normal from compulsive patterns of computer and online usage The most addictive or problematic online activities Epidemiology and subtypes of Internet addiction such as online pornography, Internet gambling, and online gaming Current theories on the risk factors associated with the development of an addictive disorder related to Internet usage Evidence-based treatment strategies for helping clients of various ages, taking into account main presenting problems and individual situations and circumstances International in scope and empirically based, the cultural and global impact of this subject is discussed, introducing practitioners to the latest clinical implications, assessment methods, and treatment approaches in working with clients suffering from this emerging addictive disorder.

Internet Addiction
Addiction takes many forms and has the potential to impact individuals of all ages, socio-economic statuses, and ethnic backgrounds. Digital addiction has become one of the latest topics of interest among researchers and mental health professionals as individuals become more engrossed in and reliant on digital devices. Psychological and Social Implications Surrounding Internet and Gaming Addiction focuses on the dark side of technology and the ways in which individuals are falling victim to compulsive internet use as well as gaming and gambling addictions. Highlighting socio-cultural, psycho-social, and techno-cultural perspectives on problematic technology use, this critical publication is essential to the research and practical needs of therapists, public administrators, psychologists, students, and researchers interested in compulsive disorders, human behavior, dependency, and other key mental health issues. A pivotal addition to the current mental health research available, this book focuses on topics including, but not limited to, Internet addiction, gaming addiction disorder, gambling, gamification, hypermedia seduction theory, MMORPGs, psychotherapy, and related public policy issues.

Behavioral Addictions
Prevalence and Factors Associated with Internet Addiction Among Medical Students in Universiti Putra Malaysia

Analyzes SWB in relation to money, age, gender, democracy, and other factors.

Information Technology - New Generations

This book includes a selection of articles from The 2019 World Conference on Information Systems and Technologies (WorldCIST’19), held from April 16 to 19, at La Toja, Spain. WorldCIST is a global forum for researchers and practitioners to present and discuss recent results and innovations, current trends, professional experiences and challenges in modern information systems and technologies research, together with their technological development and applications. The book covers a number of topics, including A) Information and Knowledge Management; B) Organizational Models and Information Systems; C) Software and Systems Modeling; D) Software Systems, Architectures, Applications and Tools; E) Multimedia Systems and Applications; F) Computer Networks, Mobility and Pervasive Systems; G) Intelligent and Decision Support Systems; H) Big Data Analytics
and Applications; I) Human–Computer Interaction; J) Ethics, Computers & Security; K) Health Informatics; L) Information Technologies in Education; M) Information Technologies in Radiocommunications; and N) Technologies for Biomedical Applications.

Internet Addiction in Psychotherapy

The main purpose of this book is to be useful in daily practice to clinicians, including less-discussed subjects that are frequently encountered in practice. For this, it was aimed to explain the formulation of the disorder in light of the basic CBT model in each chapter and then to present the treatment approach of the disorder with case examples. We believe that the case examples, which came from the authors' own practices, are the strength of the book.

New Knowledge in Information Systems and Technologies

Prevalence and Correlates of Internet Addiction in Undergraduate Students as Assessed by Two Different Measures
This book focuses on the similarities and differences between substance and non-substance addictions. It discusses in detail the mechanisms, diagnosis and treatment of substance and non-substance addictions, and addresses selected prospects that will shape future studies on addiction. Addiction is a global problem that costs millions of lives tremendous damage year after year. There are mainly two types of addition: substance addiction (e.g., nicotine, alcohol, cannabis, heroin, stimulants, etc.) and non-substance addiction (e.g., gambling, computer gaming, Internet, etc.). Based on existing evidence, both types of addiction produce negative impacts on individuals’ physical, mental, social and financial well-being, and share certain common mechanisms, which involve a dysfunction of the neural reward system and specific gene transcription factors. However, there are also key differences between these two types of addiction. Covering these aspects systematically, the book will provide researchers and graduate students alike a better understanding of drug and behavioral addictions.

Multifaceted Approach to Digital Addiction and Its Treatment
This book explains the rationale for changes in the DSM-5(r) related to incorporating behavioral addictions alongside substance use disorders; it also illuminates the significance of including the construct of behavioral addictions in this widely used psychiatric diagnostic manual. The chapters herein describe eight behaviors often considered addictions, including gambling disorder, internet gaming disorder, internet addiction, food addiction, hypersexuality, shopping addiction, exercise addiction, and tanning addiction. Also examined are prevalence rates in epidemiological samples, risk factors, and promising treatment approaches. The result is an easy-to-use resource and guide for clinicians, students, and researchers.

Psychological, Social, and Cultural Aspects of Internet Addiction

Addiction is a powerful and destructive condition impacting large portions of the population around the world, and because of ubiquitous technology, social networking and internet addiction have become a concern in recent years. With all ages affected by the "fear of missing out," which forces them to stay continually connected in order to stay up-to-date on what others are doing, new research is
needed to prevent and treat anxieties caused by internet use. Internet and Technology Addiction: Breakthroughs in Research and Practice is an authoritative resource for the latest research on the social and psychological implications of internet and social networking addiction, in addition to ways to manage and treat this unique form of addiction. Highlighting a range of pertinent topics such as digital addiction, social isolation, and technology servitude, this publication is an ideal reference source for psychologists, cyberpsychologists, cybersociologists, counselors, therapists, public administrators, academicians, and researchers interested in psychology and technology use.

Internet and Technology Addiction: Breakthroughs in Research and Practice

Addiction is a powerful and destructive condition impacting large portions of the population around the world. While typically associated with substances, such as drugs and alcohol, technology and internet addiction have become a concern in recent years as technology use has become ubiquitous. Psychological, Social, and Cultural Aspects of Internet Addiction is a critical scholarly
resource that sheds light on the relationship between psycho-social variables and internet addiction. Featuring coverage on a broad range of topics such as human-computer interaction, academic performance, and online behavior, this book is geared towards psychologists, counselors, graduate-level students, and researchers studying psychology and technology use.

**Internet Addiction**

*Child and Adolescent Online Risk Exposure: An Ecological Perspective* focuses on online risks and outcomes for children and adolescents using an ecological perspective (i.e., the intersection of individuals in relevant contexts) for a better understanding of risks associated with the youth online experience. The book examines the specific consequences of online risks for youth and demonstrates how to develop effective and sensitive interventions and policies. Sections discuss why online risks are important, individual and contextual factors, different types of risk, online risks among special populations, such as LGBT youth, physically or intellectually disabled youth, and ethnic and religious minorities, and intervention efforts. Includes theoretical considerations and the prevalence of online risks. Covers policy recommendations for reducing online risks.
Explores the concept of digital citizenship
Examines online risks, including addictive internet use, sexting, cyberbullying, stalking and personal data misuse

Behavioral Addictions

The second edition of this successful book provides further and in-depth insight into theoretical models dealing with Internet addiction, as well as includes new therapeutical approaches. The editors also broach the emerging topic of smartphone addiction. This book combines a scholarly introduction with state-of-the-art research in the characterization of Internet addiction. It is intended for a broad audience including scientists, students and practitioners. The first part of the book contains an introduction to Internet addiction and their pathogenesis. The second part of the book is dedicated to an in-depth review of neuroscientific findings which cover studies using a variety of biological techniques including brain imaging and molecular genetics. The third part of the book focuses on therapeutic interventions for Internet addiction. The fourth part of the present book is an extension to the first edition and deals with a new emerging potential disorder related to Internet addiction – smartphone addiction. Moreover, in this second edition of the book
new content has been added. Among others, the reader will find an overview of theoretical models dealing with Internet addiction, results from twin studies in the context of Internet addiction and additional insights into therapeutic approaches to Internet addiction.

**Child and Adolescent Online Risk Exposure**

Current knowledge about effective internet addiction treatment is limited. This book explores how 20 international internet addiction therapy experts experience the presenting problem of internet addiction in psychotherapy.

**Internet Addiction**

'Cyberpsychology' provides a broad-ranging, thought-provoking account of online behaviour and the opportunities, challenges, and risks such behaviour presents. Written by an international team of authors, the book provides diverse perspectives on the impact our interaction with the online landscape has on our identity and behaviour.